Group Meeting 6

for Lessons 12-14

(Personal) Happiness

Looking back (last week):

- Ask, "What are your main "takeaways" from the lessons this last week?"
- ≈ Go over the completed Quiz or give it as an open-book test.
- Ask, "Give more examples of how sometimes God's commands require actions that go against the preferences of human nature." (activity on page 60)

This refers to concept 2 found on page 59: "God's commands often require actions that are the opposite of human nature. We're told to love when we feel hate, forgive when we want to be bitter, etc."

- Ask, "Concerning the activity on page 63, did you think of a person who keeps a thankful spirit even when things go wrong?" After a few answers, ask, "did you go to them and thank them for their good example? If so, how did they respond?"
- Ask "Which of the three "prescriptions" best fits each of these biblical healings?" (activity on page 66)
 - Numbers 21:4-9 (snakes)
 - II Kings 5:1-14 (Naaman)
 - John 9:1-9 (born blind)
- Have everyone brainstorm with a partner and decide which of the first four "ingredients" of happiness is their great area of strength. Give a personal example of this ingredient in your life.
 - (1) a long, full life
 - (2) popularity
 - (3) direction
 - (4) health

Another option: if everyone's partner is a spouse or a close friend, have each give the area of strength for the other

Looking forward (this week):

- Have everyone brainstorm with the same partner, then share with the group one (or more) of the following.
 - ✓ How I learned to trust God in my finances.
 - ✓ Principles of finance that I follow in my personal life.
 - \checkmark Principles of finance that I follow in my business.
- Quiz
- Hand out Quiz 7 if it is being used as a "study guide" in preparation for Group Meeting 7.