

Self-Evaluation

Ant / Grasshopper Test

1. Type of Worker

score

I'm an idle worker *I'm a ready worker* *I'm an independent worker*
- 1 - - - 2 - - 3 - - - 4 - - - 5 - - - 6 - - - 7 - - - 8 - - - 9 - - - 10 -

2. Life Focus

I'm constantly dwelling on the past *I'm focused on changing the future*
- 1 - - - 2 - - 3 - - - 4 - - - 5 - - - 6 - - - 7 - - - 8 - - - 9 - - - 10 -

3. Goals

I want to work less *I want to be more productive*
- 1 - - - 2 - - 3 - - - 4 - - - 5 - - - 6 - - - 7 - - - 8 - - - 9 - - - 10 -

4. Attitude

I feel "robbed" *I feel "lucky"*
- 1 - - - 2 - - 3 - - - 4 - - - 5 - - - 6 - - - 7 - - - 8 - - - 9 - - - 10 -

Total _____

Total divided by 4 = _____

'Grasshopper'

'Ant'

- 1 - - - 2 - - 3 - - - 4 - - - 5 - - - 6 - - - 7 - - - 8 - - - 9 - - - 10 -